

ALL PRICES USD • WHILE SUPPLIES LAST!

January

DELIVERY SPECIALS





January Specials Pantry Can Pack Instant Black Beans, Broccoli, Cheddar Cheese, Ground Beef, Peach Slices, Sweet Corn Pack: \$141.70 \$106.28 SAVE 25%



January Specials Fruit & Veggie Family Can Pack Peach Slices (2), Sweet Corn, Broccoli Pack: \$183.36 \$137.52 SAVE 25%



January Meals Variety Pack Beef Pot Roast, Creamy Beef w/Rotini Pasta, Creamy Mashed Potato Bowl, Blueberry Oatmeal, Apple Cinnamon Granola Pack: \$60.65 \$45.49 SAVE 25%



*OVERSTOCKED ITEM



Granny Smith Apples Family Can: \$44.34 \$31.04 SAVE 30%* Case: \$266.04 \$172.93 SAVE 35%*

(1) (1) (1) *OVERSTOCKED ITEM ONLY FAMILY CANS ARE ON SALE



Blackberries Family Can: \$58:11 \$40.68 SAVE 30%* Case: \$348:66 \$226.63 SAVE 35%*

*OVERSTOCKED ITEM ONLY FAMILY CANS ARE ON SALE



Ground Beef Family Can: \$105-28 \$78.96 SAVE 25% Case: \$631-68 \$442.18 SAVE 30% Pantry Can: \$42:11 \$31.58 SAVE 25% 10-Pack: \$42:110 \$294.77 SAVE 30%



Broccoli Family Can: \$42:46 \$31.85 SAVE 25% Case: \$254:76 \$178.33 SAVE 30% Pantry Can: \$18:34 \$13.76 SAVE 25% 10-Pack: \$183:40 \$128.38 SAVE 30% @ @ @ @ @



Scrambled Egg Mix Family Can: \$120.69 \$96.55 SAVE 20% Case: \$7724.14 \$543.11 SAVE 25% Pantry Can: \$41.40 \$33.12 SAVE 20% 10-Pack: \$414.00 \$310.50 SAVE 25% 10 @ Co



Peach Slices Family Can: \$40.22 \$38.58 SAVE 20% Case: \$289.32 \$216.99 SAVE 25% Pantry Can: \$18.34 \$14.67 SAVE 20% 10-Pack: \$183.40 \$137.55 SAVE 25%



Sweet Corn Family Can: \$44.46 \$35.57 SAVE 20% Case: \$266.76 \$200.07 SAVE 25% Pantry Can: \$19.05 \$15.24 SAVE 20% 10-Pack: \$190.50 \$142.88 SAVE 25%



Cheddar Cheese Family Can: \$77-64 \$62.11 SAVE 20% Case: \$465.84 \$349.38 SAVE 25% Pantry Can: \$29.05 \$23.24 SAVE 20% 10-Pack: \$290.50 \$217.88 SAVE 25%



Instant Black Beans Pantry Can: \$14.81 \$11.85 SAVE 20% 10-Pack: \$148.10 \$111.08 SAVE 25% @ @



Instant Milk Family Can: \$35:07 \$17.94 SAVE 50%* Case: \$215:22 \$107.61 SAVE 50%* Pantry Can: \$16:46 \$8.23 SAVE 50%* 10-Pack: \$164:60 \$82.30 SAVE 50%* @ CC *0VERSTOCKED ITEM

Traditional Chili Con Carne *MIJ (meal in a jar)*

Recipe & Tips on the Back

OVERSTOCK = Save on overstock items with adjusted shelf life. The discount for sale items includes the overstock savings. They've been carefully stored, retain top quality, and may be 1-2 years into their shelf life.

Contact Me for the Best Prices!

NAME:

📵 FD Freeze Dried, 🚱 Nutrilock, 🎯 Gluten-Free Certified, 🔊 Non-GMO

*Free shipping on delivery service orders over \$99.5% shipping in Alaska, Hawaii, & Puerto Rico. Discounts on monthly special items are available only on Delivery orders. One-time orders pay retail price. Sale ends 1/31/2025. All sale and limited-time products are available while supplies last.

Thrive Life's freeze dried foods are the freshest on the market and long-lasting, meaning you'll never have to throw away another moldy onion or mushy strawberry! The unopened shelf life for all of our fruits, veggies, dairy, and meats is 25 years. For more information, visit our product pages at thrivelife.com.

Traditional Chili Con Carne MIJ (meal in a jar)

You'll find this delicious dish that Consultant Cindy Suelzle provided in Thrive Life's Recipe section on the website. The bolded ingredients are featured in our January Specials.

5 minutes prep time 25 minutes cook time

Whip up a hearty, homemade meal in just 30 minutes with this recipe! Featuring bold flavors and some of Thrive Life's January Specials ingredients, this dish brings a comforting, savory classic to your table without a long prep time.

INGREDIENTS

2 tablespoons chili powder

- 1 tablespoon cumin powder
- 4 tablespoons Thrive Life Tomato Powder
- 1 tablespoon Thrive Life Beef Bouillon
- 1 tablespoon Thrive Life Garlic Seasoning
- 1/4 cup Thrive Life Chopped Onions
- 1/4 cup Thrive Life Peppers (your choice)
- 1 cup Thrive Life Ground Beef
- 1 1/2 cups Thrive Life Instant Black Beans 1/2 + 1 cup Thrive Life Sweet Corn

1 quart home-canned tomatoes OR 1 large can 27oz / 796ml - whole tomatoes, diced tomatoes, or stewed tomatoes (your choice)

Optional: Thrive Life Cheddar Cheese as a topping

DIRECTIONS

FOR A MEAL-IN-A-JAR PREPARATION (STORAGE)

1. Layer the ingredients in a wide-mouth quart mason jar, starting with the spices. For a visually appealing jar, arrange the powders in heaps at the beginning so they are visible from the outside.

2. Add the remaining ingredients in order, ending with the corn. Shake the jar gently if needed to fit more corn on top.

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1. Combine the contents of the jar (or the measured ingredients if not using a jar) with 2 cups of water in a large pot. Stir thoroughly to dissolve the spices.

 Add 2 additional cups of water and
quart of canned tomatoes (or one
27oz / 796ml can of your choice).

3. Bring the mixture to a boil, then reduce the heat and simmer for 20-25 minutes, stirring frequently to prevent scorching, until the beans are tender.



4. Remove from heat and let the chili sit for 5 minutes. Taste and adjust seasoning as needed.

Serving Suggestions

Serve with rehydrated Thrive Life Cheddar Cheese or a dollop of sour cream. Pair with corn chips or cornbread. For a fun twist, try serving the chili with cornbread waffles. Enjoy!

Creative Ways to Enjoy More of Thrive Life's January Specials



Peach Slices

Peach Salsa: Dice rehydrated Thrive Life Peach Slices and mix with red onion, cilantro, and lime juice for a sweet and tangy salsa.



Blackberries

Blackberry Pancake Topping: Heat rehydrated Thrive Life Blackberries with a touch of honey and use as a topping for pancakes or waffles.



Sweetened Cranberries

Cranberry Trail Mix: Combine rehydrated Thrive Life Sweetened Cranberries with nuts and chocolate chips for an easy trail mix.



Scrambled Egg Mix

Savory Egg Muffins: Combine Thrive Life Scrambled Egg Mix with veggies and cheese and bake in muffin tins for portable breakfasts.

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