1.	Μv	goal	this	month:
••		bout		

HOME - HABITS TRACKING WORKSHEET

• Figure out your baseline.	SUŞTAINAB								
Make a tally mark for every t									
for# of days			SUSTAINA! Parsaits						
I/we threw away # of single-use plastic over a period of days. (use tally total)									
Log Efforts for Challenge:		T	1						
Describe Activity/Event	How much plastic was used	How much plastic can be recycled	How does the alternative compare to conventional	Notes:	Total plastic waste compared to before				

4. What was the overall impact? Thoughts and Observations about your new habits.

